



SPORTS PSYCHOLOGY and COUNSELING SERVICES

PURPOSE: The purpose is to outline the policy and procedures for the use of counseling and sport psychology services for student-athletes.

POLICY: It is the policy of The Sports Medicine Program at The University of Mississippi that all student-athletes have access to sport psychology and mental health counseling services. The sport psychologist and athletic counselors that the Sports Medicine Department has designated to provide these services to the student-athletes are Josie Nicholson, PhD, CMPC, ~~and~~ Brian Simmons, LCSW, and Adole Murauko, P-LPC. The Sport Psychology offices are located in the Starnes Center, adjacent to the FedEx Center for Academic Support.

PROCEDURE: Athletic Trainers that find a need for a student-athlete to meet with the sport psychologist or athletic counselor should contact the sport psychologist or an athletic counselor to make arrangements for an appointment.

Student athletes may also self-refer by contacting one of the designated providers directly and each athlete will be provided with contact information for one or allboth of the providers.

These services are confidential, in line with laws governing patient confidentiality for mental health services. Both the sport psychologist and athletic counselors are exempt from mandated reporting under Title IX as well as mandated reported of NCAA violations.

Coaching staff are required to allow a member of the sport psychology staff to attend a team meeting once a school year in order for the member of the sport psychology staff to educate the athletes about sport psychology resources, how to access resources, procedures around mental health leave, and any other mental health-related information that needs to be covered.

DATE OF LAST REVISION: 7/23/2019

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