

Guidelines for outside consultants for performance coaching, mental coaching, or sport psychology services

- The consultant must have a qualification such as a CMPC (designating them as a Certified Mental Performance Consultant through the Association for Applied Sport Psychology), or a license in Mental Health.
 - An outside consultant who is not credentialed as a CMPC or does not have a license in mental health in the state of Mississippi may not meet with athletes individually either in person or using technology.
 - Meetings with athletes must happen in either groups of three or with an athlete and sport staff member present whether in person or over zoom
- Accurate representation of credentials, education, titles, and scope of practice is expected at all times during an outside consultants work with a team.
- Just as with any discipline within Health and Sport Performance, the outside consultant must meet with the sport psychology staff and discuss the program he or she will be presenting and the ways in which he or she plans to address issues that may arise that are outside the scope of his or her training and qualifications.
 - Any clinical issues that may arise during the course of the consultant's work must be referred to or brought to the attention of, the sport psychologist or a member of the sport psychology staff.
 - Any nutritional issues that may arise during the course of the consultant's work must be referred to or brought to the attention of, one of the sports dietitians or or a member of the sport nutrition staff.
 - Any medical issues that may arise during the course of the consultant's work must be referred to or brought to the attention of, the athletic trainer working with that sport.
 - This is to ensure the safety of athletes and timely referral to department resources as well as continuity of messaging provided to athletes across resources.
- The outside consultant should work with the sport psychology staff to provide a means for continuing work with student athletes in the consultant's absence.

- When an outside consultant begins work with student athletes it should be made clear to the student athletes that work with the student athletes is not considered confidential.
- The athletic training staff may be consulted with by the outside consultant to gain insight in to team dynamics or other relevant group information, but as a medical professional bound by the confidentiality of their profession, the athletic training staff and other members of the medical staff may not provide any information regarding individual athletes.
- Recommendations made to the student athletes are to be shared with the sport psychology staff. Again, this is to support the work that has been done with the athletes and to continue the work in his or her absence.
- Under no circumstances should the University of Mississippi or Ole Miss Athletics, Athletes or specific teams be used in marketing materials, statements on a webpage, social media or other venues for self-promotion.